

Conference
**Psychotherapy in Europe –
Disease Management Strategies for Depression**

February 23rd, 2011
European Commission Representation in Germany
Unter den Linden 78
10117 Berlin

Psychotherapeutic care has significantly improved in Germany during the past decade. Several European countries have made advances in their healthcare systems regarding the accessibility and quality of psychotherapeutic treatment as well as disease management guidelines. This conference aims to an insight into the status quo of psychotherapeutic healthcare in different European health systems based on exemplary national concepts. The focus is on disease management strategies for the treatment of depression as the importance of depression increases all over Europe.

Representatives from different countries will report on their national concepts. Additionally, every participant will have the opportunity to shortly present characteristics of his national system in a paper. A future project of a common „Network Psychotherapy“ will also be discussed in order to improve and establish high standards for psychotherapy in Europe.

12:00	Press Conference
13:00	Welcome and Introduction <i>Prof. Dr. Rainer Richter, Federal Chamber of Psychotherapists in Germany (BPtK)</i>
13:15	Improving healthcare for mental ill people: A common task in Europe? <i>Nessa Childers, Member of the European Parliament (TBC)</i>
13:30	Mental Health: Importance for the European Commission <i>Johanna Schmidt, Representation of Commission Berlin (TBC)</i>
13:45	Mental Disorders in Europe: Prevalence and treatment guidelines <i>Prof. Dr. Hans-Ulrich Wittchen, University of Dresden (Germany)</i>
14:15	Spots on National Concepts <ul style="list-style-type: none">• Austria: Access to psychotherapeutic care in Austria <i>Patricia Göttersdorfer (BÖP)</i>• Finland: Need-adapted treatment <i>Prof. Dr. Jaakko Seikkula (University of Jyväskylä)</i>• France: Psychotherapist title regulation in France: a legalized incompetence <i>Philippe Grosbois (F.F.P.P.)</i>• Germany: German disease management guideline on depression <i>Prof. Dr. Rainer Richter (BPtK)</i>• Italy: The psychotherapy in Italy: past, present and future <i>Pierangelo Sardi (INPPA)</i>• Netherlands: Stepped care for common mental disorders: possibilities and challenges <i>Prof. Dr. W.J.M.J. Cuijpers (University of Amsterdam)</i>• Poland: New alternatives in psychotherapeutic approaches in Poland <i>Iga Jaraczewska (PTM)</i>• Portugal: Outlining a psychological and psychotherapeutic perspective of depression <i>Jorge Gravanita (SPPC)</i>

- United Kingdom:
Improving access to psychological therapies and care pathways
for depression
Prof. Dr. Glenys Parry (University of Sheffield)
- Representative of New Member State (TBD)

15:15

Coffee break

15:45

Spots on national concepts (proceeding)

16:45

Panel discussion: what can we learn from each other and how can we improve cooperation?

National Representatives

17:45

Results

Prof. Dr. Rainer Richter, BPTK

18:00

End of the conference

Registration

Psychotherapy in Europe – Disease Management Strategies for Depression

Wednesday, 23 Februar 2011

first name/last name

position

organisation

e-mail

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